The Living Breath of wǝɫǝbʔaltxʷ
The Living Breath of wǝɫǝbʔaltxʷ: Indigenous Foods and Ecological Knowledge

The University of Washington's American Indian Studies Department co-sponsors an annual symposium, "The Living Breath of wǝɫǝbʔaltxʷ: Indigenous Foods and Ecological Knowledge." If you would like to know about upcoming events please sign up for our mailing list.

Update: 2020 Living Breath of wǝɫǝbʔaltxʷ Indigenous Foods Symposium Postponed

Dear all, After thoughtful consideration and closely monitoring the COVID-19 crisis, our committee has decided to postpone the Living Breath of wǝɫǝbʔaltxʷ Indigenous Foods and Ecological Knowledge Symposium that was to be held on May 1 & 2, 2020 at the University of Washington in Seattle. Our Symposium will be rescheduled, and in the meantime, we will carefully move forward with planning and monitoring the current situation as we determine new dates. Once we have new dates, we will post an announcement to our website and social media. For confirmed presenters, we plan to follow up with each of you to ask if you are still available to present.

In regard to tickets, all purchased tickets will be honored at the rescheduled Symposium. If you want a refund, you will receive directions in a separate email from Brown Bag and our Committee.

These are extraordinary and challenging times that bring a heightened sense of concern. But we embrace Hope and call on our Ancestors for strength and protection during this time of uncertainty. Let's all keep our spirits strong as we move towards healing.

We raise our hands to the courageous and selfless healthcare workers who have put their lives on the line to keep everyone safe. Our hearts, prayers, and love go out to those who have directly been impacted by this global pandemic.

We care about your health and the wellbeing of our Indigenous communities. Stay healthy, take care of your Elders, your children, your families, and yourselves. We are in this together, we will get through this together, and together we will heal.

Thank you for your patience and support as we make this decision one step at a time.
The UW American Indian Studies Department and Na'ah Illahee Fund invite Individual, Panel, or Workshop abstracts for our “Living Breath of wǝɫǝbʔałtxʷ” Indigenous Foods Symposium to be held on May 1 & 2, 2020 at the University of Washington’s wǝɫǝbʔałtxʷ Intellectual House.

Our 2020 theme is “Food is Resistance! Water. Soil. Seeds.” We are seeking abstracts that focus on maintaining and revitalizing Indigenous food systems that resist colonization and center our traditional foods and ecological knowledge. Strengthening our Indigenous foodways reaffirms our relationships to our homelands and waterways and supports individual and community health.

Presentation Information: Individual Presentations or Panels: Individual presentations will be 20 minutes in length. Panels (3 or more presenters) will be 60 minutes in length. Workshops/Breakout Sessions: These are concurrent hands-on, interactive small group activity sessions and will take place in the afternoon after lunch. They will be 60 minutes in length with a collaborative discussion following the sessions.

Abstract Submission must include: (1) Title of the Individual, Panel or Workshop presentation (2) Short description of the Individual, Panel or Workshop presentation (150-200 words) (3) Name/s of Presenter/s, Email Address/es, Tribal Affiliation and/or Organization/Academic Institution.

ABSTRACT SUBMISSION DEADLINE – JAN 20, 2020!

Submit your abstracts electronically through this survey link:  https://www.surveymonkey.com/r/NNJBCFC If you have any questions contact info@naahillahee.org

Living Breath is a volunteer-led consortium. We can offer modest travel funds and student scholarships.

Living Breath Committee: Charlotte Coté, Susan Balbas, Dian Million, Clarita Lefthand Begay, Dana Arviso, & Bridget Ray.

For more information contact Dr. Charlotte Coté at clotise@uw.edu.

For information about past events, please view our newsletter (PDF) or visit our website, Facebook page, or on Twitter: #livingbreath2020 #indigenousknowledge.

Past Events
- 2019: “The Living Breath of wǝɫǝbʔałtxʷ” Indigenous Ways of Knowing Cultural Food Practices and Indigenous Food Practices and Ecological Knowledge Summit - Theme "Reclaiming Food as Family Medicine"
- 2014: 2nd Annual Living Breath of wǝɫǝbʔałtxʷ: Indigenous Ways of Knowing Cultural Food Practices and Ecological Knowledge Symposium
### People Involved:
- Charlotte Cote
- Dian Million
- Cynthia Updegrave

### Status of Research:
- Ongoing

### Research Type:
- Projects

### Related Fields:
- American Indian/Native American
- Food
- Food Sovereignty
- Indigenous
- Pacific Northwest
- Systems of Knowledge
- Traditional Ecological Knowledge

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Department of American Indian Studies  
University of Washington  
Padelford Hall C-514  
Box 354305  
Seattle, WA 98195

Phone: (206) 543-9082  
Fax: (206) 616-3122  
native@uw.edu

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