



CALL FOR PRESENTATIONS!

“Living Breath of wəłəb?altxʷ” Indigenous Foods Symposium

University of Washington wəłəb?altxʷ Intellectual House
4249 Little Canoe Channel NE, Seattle, WA

May 1 - 2, 2026

We invite Individual, Panel or Workshop abstracts for our Living Breath of wəłəb?altxʷ Indigenous Foods Symposium to be held on May 1-2, 2026, at the University of Washington. **Our 2026 theme is, “Healing Hands – Healing Lands”.** We will consider all presentation & workshop abstracts that align with our larger themes of Indigenous food sovereignty/security; traditional/first foods, plants, & medicines; environmental & climate justice as they relate to Indigenous food sovereignty/security; & health & wellness. All submissions will be reviewed and selected abstracts will be announced in early March of 2026.

Living Breath is a volunteer-led consortium and we can provide a modest speaker honorarium for presentations that are accepted

We invite proposals that explore themes such as:

- Indigenous food sovereignty, land and water stewardship, and traditional foodways;
- Movement-based and embodied practices (e.g., yoga, paddling, dance, running, harvesting, ceremony);
- Mental, spiritual, community, and environmental health;
- Youth and intergenerational leadership in food and wellness work.

Presentation Information and Format:

Morning Sessions* (whole audience): These presentations will be delivered to the full symposium audience.

- Individual Presentations — 20 minutes + 5-minute discussion
- Panels (2 or more presenters) — Up to 60 minutes + 5-minute discussion

Afternoon Sessions* (concurrent breakout sessions): These afternoon breakouts encourage hands-on learning, embodied practices, and community engagement.

- Workshops — 60 minutes + 15-minute discussion (A workshop can be Technical skills (e.g., seed saving, soil testing), Cultural practices (e.g., mindful foraging, traditional hunting, weaving), Interactive Demonstrations (e.g. tea making, jam making, meat processing, etc) or Movement Practices (e.g. yoga, harvesting, etc.)

*Speakers/presenters have an option to do *both* a morning session and afternoon session.

Abstract Submission Requirements:

1. Title of the presentation
2. Abstract: Short description of the content of the presentation (150-200 words)
3. Presenter(s) Information: Name(s) of Presenter(s), Email Address(es), Tribal Affiliation and/or Organization/Academic Institution.

ABSTRACT SUBMISSION DEADLINE - February 6th , 2026!



Scan the QR Code to submit your abstract or visit the following link:
https://docs.google.com/forms/d/e/1FAIpQLScCX6HXbdsozNcVPDv_aNSRHmuL1LRIv576veKMdmAIv9RAjw/viewform?usp=dialog

Please see our website and Facebook page for more information on previous events:

Website: <https://livingbreathfoodsymposium.org>

Facebook: www.facebook.com/UWLivingBreath

Living Breath Team: Tia Yazzie (coordinator), Charlotte Coté, Dian Million, Bridget Ray, Chase Puentes, Natalie Vaughn-Wynn, Lisa Fruichantie, Sierra Hampton, & Olivia Horwedel.

Email Tia Yazzie at tyazzie@uw.edu with submission questions or concerns.